

A decorative border of watercolor green leaves surrounds the text. The leaves are in various shades of green and are arranged in a frame-like pattern around the central text.

A Prayer During This Pandemic

I Lift to You

Quiet me, make me still in your presence, Guiding One.
Settle me into your care. (*silence*)

Out of the depths, I bring forth those prayers that I may
not dare speak aloud. Hear me, I pray, even when I do not
use words.

I lift to you:

- the hurts of life (*silence*)
- the loss of loved ones (*silence*)
- the angers and frustrations (*silence*)
- the betrayals (*silence*)
- the illness and pain (*silence*)
- the compassion for others (*silence*)
- those who journey to death (*silence*)

Grant your love and healing to those raised up in prayer
this day.

In the name of the Christ of Calvary. Amen.